



AUGUST | 2017

Middle School Lunch Menu

*Breakfast costs \$1.50 a day.
Lunch costs \$2.50 a day.
Extra milk costs \$.50 a day.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Each Lunch includes Fresh & Canned Fruit Choices & Milk Choices</i></p> <p><i>Daily Milk Choices- 1% White Fat Free Chocolate Fat Free Strawberry</i></p>	<p>USDA REQUIREMENT <i>Students must select at least one item from the Vegetable or Fruit varieties offered daily at breakfast and lunch. Grain items are at least 51% whole grain.</i></p>	2	3	4
7	8 Toasted Cheese Sandwich OR Crispy Chicken on Bun Tomato Soup or Green Peas Goldfish Crackers Fruit Choice	9 Meaty Nachos & Shredded Cheese with Baked Scoops or Soft Tortilla OR Cheeseburger on Bun Mixed Green Salad or Corn Fruit Choice	10 Mini Corn Dogs OR BBQ Rib on Bun California Blend or Baked Beans Fruit Choice Cookie	11 Quesadilla OR Tenderloin on Bun Baked Crinkle Fries or Steamed Broccoli Fruit Choice
14 BBQ Pork on Bun OR Cheeseburger on Bun Country Mixed Vegetables or Mixed Green Salad Fruit Choice	15 Stuffed Crust Pizza OR Crispy Chicken on Bun Fresh Baby Carrots & Ranch Dip or Corn Fruit Choice Mini Rice Krispie Treat	16 Salisbury Steak with Brown Gravy & Dinner Roll OR Cheeseburger on Bun Mashed Potatoes or Green Beans Fruit Choice	17 Popcorn Chicken OR BBQ Rib on Bun Baked Curly Fries or Baked Beans Fruit Choice Cookie	18 BBQ Chicken on Bun OR Tenderloin on Bun Green Peas or California Blend Fruit Choice
21 Crispy Chicken Nuggets OR Cheeseburger on Bun Corn or Steamed Broccoli Cheetos Puffs Fruit Choice	22 Bosco Sticks with Marinara Sauce OR Crispy Chicken on Bun Fresh Baby Carrots & Ranch Dip or Green Beans Fruit Choice Fruit Snacks	23 Crispy Chicken Leg with Dinner Roll OR Cheeseburger on Bun Mashed Potatoes or Peas & Carrots Fruit Choice	24 Hot Dog on Bun OR BBQ Rib on Bun Baked Crinkle Fries or Baked Beans Fruit Choice Cookie	25 Manager's Choice
28 Nachos & Cheese with Baked Scoops OR Cheeseburger on Bun Mixed Green Salad or Green Peas Fruit Choice	29 Round Pizza OR Crispy Chicken on Bun Corn or Steamed Carrots Fruit Choice Scooby-Doo Graham Sticks	30 Homemade Turkey & Noodles with Dinner Roll OR Cheeseburger on Bun Mashed Potatoes or Green Beans Fruit Choice	31 Chicken Tenders OR BBQ Rib on Bun Broccoli or Baked Beans Fruit Choice Cookie	<p><i>Daily Entrée Choices- Peanut Butter & Jelly Uncrustable & Cheese Stick & Crackers OR Entrée Salad with Breadstick</i></p>

Breakfast Menu

Monday August 14 & 28 –
Bacon, Egg & Cheese on Biscuit

Monday, August 21 –
Egg & Cheese Omelet on Croissant

Tuesday, August 8 & 22 –
Breakfast Pizza

Tuesday, August 15 & 29 –
Breakfast Sliders

Wednesday, August 9, 16, 23 & 30 –
Sausage & Egg on Biscuit

Thursday, August 10 & 24 –
Biscuit & Sausage Gravy

Thursday, August 17 & 31 –
Bacon, Egg & Cheese Eggstravaganza,
Tortilla

Friday, August 11 & 25 –
Pancake on a Stick, Syrup Cup

Friday, August 18 –
Honey Chicken on Biscuit

**Each Breakfast includes choices of
Fruit, Juice, and Milk**

*Students may select from a variety of cereal
choices instead of the breakfast entrée*