



AUGUST | 2017

High School Lunch Menu

*Breakfast costs \$1.50 a day.
Lunch costs \$2.50 a day.
Extra milk costs \$.50 a day.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Each Lunch includes Fresh & Canned Fruit Choices & Milk Choices</i></p> <p><i>Daily Milk Choices- 1% White Fat Free Chocolate Fat Free Strawberry</i></p>	<p>USDA REQUIREMENT Students must select at least one item from the Vegetable or Fruit varieties offered daily at breakfast and lunch. Grain items are at least 51% whole grain.</p>	2	3	4
7	8 Stuffed Crust Pizza OR Crispy Chicken on Bun Baked French Fries or Fresh Baby Carrots & Ranch Dip Fruit Choice Cookie	9 Soft Taco with Shredded Cheese OR Cheeseburger on Bun Baked French Fries or Mixed Green Salad Fruit Choice	10 Mini Corn Dogs OR BBQ Rib on Bun Baked French Fries or Baked Beans Fruit Choice Cookie	11 Bosco Sticks with Marinara Sauce OR Tenderloin on Bun Baked French Fries or Country Mixed Vegetables Fruit Choice
14 BBQ Pork on Bun OR Cheeseburger on Bun Country Mixed Baked French Fries or Mixed Green Salad Fruit Choice	15 Quesadilla OR Crispy Chicken on Bun Baked French Fries or Steamed Carrots Fruit Choice Cookie	16 Salisbury Steak with Brown Gravy & Dinner Rolls OR Cheeseburger on Bun Baked French Fries or Mashed Potatoes or Green Beans Fruit Choice	17 Popcorn Chicken OR BBQ Rib on Bun Baked French Fries or Baked Beans Fruit Choice Cookie	18 BBQ Chicken on Bun OR Tenderloin on Bun Baked French Fries or Corn Fruit Choice
21 Crispy Chicken Nuggets OR Cheeseburger on Bun Baked French Fries or Steamed Broccoli RF Nacho Cheese Doritos Fruit Choice	22 Round Pizza OR Crispy Chicken on Bun Baked French Fries or Fresh Baby Carrots & Ranch Dip Fruit Choice Cookie	23 Crispy Chicken Leg with Dinner Rolls OR Cheeseburger on Bun Baked French Fries or Mashed Potatoes or Peas & Carrots Fruit Choice	24 Hot Dog on Bun OR BBQ Rib on Bun Baked French Fries or Baked Beans Fruit Choice Cookie	25 Manager's Choice
28 Nachos & Cheese with Tostitos OR Cheeseburger on Bun Baked French Fries or Mixed Green Salad Fruit Choice	29 Toasted Cheese Sandwich OR Crispy Chicken on Bun Baked French Fries or Tomato Soup Fruit Choice Cookie	30 Homemade Turkey & Noodles with Dinner Roll OR Cheeseburger on Bun Baked French Fries or Mashed Potatoes or Green Beans Fruit Choice	31 Quesadilla OR BBQ Rib on Bun Baked French Fries or Black Beans & Corn Fruit Choice Cookie	<p><i>Daily Choices Include</i> *Peanut Butter & Jelly Uncrustable *Entrée Salad Varieties with Soft Breadsticks *Ham & Cheese on Bun</p>

Breakfast Menu

Monday August 14 & 28 – Bacon, Egg & Cheese on Biscuit

Monday, August 21 – Egg & Cheese Omelet on Croissant

Tuesday, August 8 & 22 – Breakfast Pizza

Tuesday, August 15 & 29 – Breakfast Sliders

Wednesday, August 9, 16, 23 & 30 – Sausage & Egg on Biscuit

Thursday, August 10 & 24 – Biscuit & Sausage Gravy

Thursday, August 17 & 31 – Bacon, Egg & Cheese Eggstravaganza, Tortilla

Friday, August 11 & 25 – Pancake on a Stick, Syrup Cup

Friday, August 18 – Honey Chicken on Biscuit

Each Breakfast includes choices of Fruit, Juice, and Milk

Students may select from a variety of cereal choices instead of the breakfast entrée